

## YOU ARE NOT ALONE!

The staff and volunteers of NUAA are committed to maintaining and adapting our harm reduction services throughout the COVID-19 pandemic.

## **Getting in touch**

#### TALK TO NUAA STAFF

(02) 8354 7300 (Office) 8354 7343 (NSP) 1800 644 413 (free call) nuaa@nuaa.org.au

#### JOIN OUR ON-LINE COMMUNITY

Get info, resources & advice! Share your experience! Ask questions!

#### **OUR WEBSITES:**

NUAA: www.nuaa.org.au

USER'S NEWS: www.usersnews.com.au PAC FORUM: www.nuaapeerforum.org.au DANCEWIZE NSW: www.dancewizensw.org.au

#### **OUR SOCIAL MEDIA:**

NUAA FACEBOOK: www.facebook.com/nuaansw NUAA INSTAGRAM: www.instagram.com/nuaansw NUAA TWITTER: wwww.twitter.com/nuaansw DW NSW FACEBOOK: www.facebook.com/dancewizensw DW NSW INSTAGRAM: www.instagram.com/dancewize\_nsw

# How we support our community

#### **NSP MAIL ORDER & HOME DELIVERY**

Order injecting equipment with our easy mail order form on the NUAA website or call the NUAA NSP. We deliver to some Sydney addresses or call us to connect you with an outreach (delivery) service near you. We also list chemists who sell injecting equipment.

#### **QUESTIONS ABOUT YOUR METHADONE OR BUPE?**

Check out the FAQs on our website or get help & support by calling NUAA or the Opioid Treatment Line on 1800 642 428

#### **NUAA HEALTH CLINIC STILL OPEN**

Call NUAA to find out when you can see the nurse at Open Clinic on Crown in NUAA's NSP.

#### **OUR NSP IS OPEN FOR BUSINESS!**

NUAA's Needle & Syringe Program 345 Crown Street, Surry Hills 2010 M-F 8:30AM – 6:30PM; Sat 10AM – 3PM Peer-staffed. Safe service over the counter.

## Become a NUAA Member! Feel connected with peers across the country

- Get a digital Newsletter
- Get hard copies of Users News magazine by post
- Join our trainings and events
- Help us make new resources
- Get involved with our NSP
- Learn how to be a peer rep
- Distribute injecting equipment
- Volunteer at NUAA!



## **COVID-19** is now active in our community!

#### Stay home unless you are:

- Getting a COVID-19 test.
- Getting a COVID-19 vaccination.
- Accessing medical care. You can get a letter and/or card from your OTP or NSP service stating you are visiting an essential health service.
- Getting essential supplies.
- Providing compassionate care.
- Doing essential work & education.
- If you live in an LGA of concern, there may be special rules, including regular testing, curfews, and work travel cards.
- Check here for the latest rules:



- Police patrol the streets checking why people are outdoors and may issue you a fine if you don't have a good reason to be out and about.
- If you are exposed to COVID-19 then the police will check on you at your home.
- Fines can be between \$500 and \$11000 for adults.
- Check here for the latest penalties:
- Check here for legal advice:

#### Keep yourself and our community safe by:

- Getting vaccinated now It's free. You can book here:
- Wearing a mask.
- Keeping your 1.5m distance from others.
- Washing your hands using hand sanitiser regularly.
- Not visiting friends and family or having visitors over to your home.
- Connecting with people via calls public phones are now free.
- Don't forget to check in when you go into a shop or service.

#### If you need support:

- In an emergency, call 000.
- For peer support and information, call NUAA's PeerLine on 1800 644 413 (business hours).
- Get injecting equipment delivered to you by the NUAA NSP's mail order service. It's FREE! Order online here or call NUAA's PeerLine.









