

EVERY SECOND COUNTS WITH OVERDOSE – BE PREPARED



Watch out for these signs:

- “Dropping” into sudden unconsciousness.
- Lapsing in and out of consciousness, making snoring noises and being unable to stay awake.
- No response when you call their name or shake them.
- Shallow or slow breathing
- Clammy face and hands
- Skin turns blue or grey.

Get naloxone to reverse overdose:

Nyxoid is just one spray up the nose – very easy – and works quickly. Get it **FREE** from:

- South Court Primary Care Nepean Hospital Court Building Derby St Kingswood – call Julie Page on 4734 3996
- Penrith High St Chemmart 438 High St 4721 5527
- NUAA NSP 345 Crown St Surry Hills and by NUAA mail order to your door in plain packaging– call 8354 7343 for help.

Call the ambos:

- If you think someone is overdosing – call 000 straight away, even if you use naloxone
- To reduce chances of police attending, you don't have to say it's an overdose til the ambos get there – they will have naloxone on them.

Want to know more?

- Scan here to go to a NUAA webpage about safer using tips OR call PeerLine.

