

# This ain't our first rodeo...



**Nearly 40 years ago, our community stepped up to fight HIV/AIDS.**

**Then we did it again with hep C. Now it's Corona time.**

In NSW, testing for Coronavirus is expanding. You can now get tested if you have COVID-19 symptoms, or if you have been in contact with a confirmed or suspected COVID-19 case.

The tests are quick and painless, and there are no needles involved – just one swab for your nose and throat. The tests are free, you don't need ID, and you'll get your results via SMS within 24-72 hours.

Get tested if you: have a cough, sore throat, trouble breathing or a fever; or have been in close contact with someone who may have the virus.



visit [nuaa.org.au](https://nuaa.org.au)

# 3 steps to stay Coronasafe

1

**Avoid physical contact**



2

**Wash hands/ use sanitiser regularly**



3

**Get tested if you have symptoms**



**Sharing isn't always caring:** Don't share mix, joints, ciggies, or injecting equipment. Use new and sterile fits everytime.

**Stop the spread:** Practice infection control. Wash/sanitise hands regularly, before and after touching your face. Keep your distance from people (especially if you're sick), and only ever cough/sneeze into a tissue or your arm/elbow.

**Don't assume it's all sweet:** Don't assume you're just hanging out, or that it's just a regular cold/flu. Don't assume it will go away or pass by itself. Don't assume you won't pass it onto someone else who might have other serious health issues.

**If you're sick, get tested.** Getting tested is the first step to getting the healthcare you need. Testing means COVID-19 can be traced – if you're positive, the people you've been around can get tested and get the healthcare they need as well.